

॥ Jai Sri Gurudev ॥



ADICHUNCHANAGIRI
UNIVERSITY

Faculty of Nursing
BGS Institute of Nursing Sciences

“Spandana”

Voice of Nursing

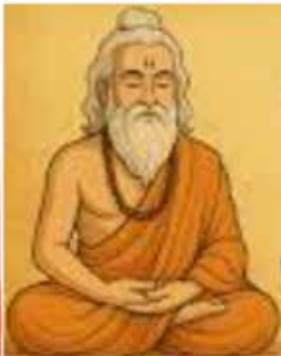
MARCH 2026

Friday Florence

ADICHUNCHANAGIRI UNIVERSITY
BG Nagara, Mandya-571448

NAAC GRADE A+

Faculty of Nursing
BGS Institute of Nursing Sciences
Friday Florence -77




**THINK
POSITIVELY
AND
POSITIVE
THINGS
WILL HAPPEN**

Medical | Nursing | Pharmacy | Allied Health Sciences
Engineering | Education | Management | Natural Sciences

ADICHUNCHANAGIRI UNIVERSITY
BG Nagara, Mandya-571448

NAAC GRADE A+

Faculty of Nursing
BGS Institute of Nursing Sciences
Friday Florence -78



**"You can't cross the sea
merely by standing and
staring at the water."**
RABINDRANATH TAGORE

Medical | Nursing | Pharmacy | Allied Health Sciences
Engineering | Education | Management | Natural Sciences

ADICHUNCHANAGIRI UNIVERSITY
BG Nagara, Mandya-571448

NAAC GRADE A+

Faculty of Nursing
BGS Institute of Nursing Sciences
Friday Florence -79



**"You may
delay,
but time
will not."**
- BENJAMIN FRANKLIN

Medical | Nursing | Pharmacy | Allied Health Sciences
Engineering | Education | Management | Natural Sciences

ADICHUNCHANAGIRI UNIVERSITY
BG Nagara, Mandya-571448

NAAC GRADE A+

Faculty of Nursing
BGS Institute of Nursing Sciences
Friday Florence -80



**Be strong,
be fearless,
be beautiful.**

Medical | Nursing | Pharmacy | Allied Health Sciences
Engineering | Education | Management | Natural Sciences

March Month Basic Cardiac Life Support (BCLS) Workshop

The Faculty of Nursing, BGS Institute of Nursing Sciences, Adichunchanagiri University, organized a Basic Cardiac Life Support (BCLS) Workshop titled “Act Fast, Save Hearts” on 2nd March 2026 at 1:30 PM in the multi-Purpose Hall. The session, led by Ms. Poornima C. G., PG Tutor, focused on essential BCLS steps including CPR, airway management, and use of AED. It included live demonstrations and hands-on training using mannequins, enabling students to practice life-saving techniques. The workshop emphasized early recognition and the importance of the “Golden Minutes” in cardiac emergencies. The program was informative and skill-oriented, enhancing clinical competency and preparing students for real-life emergency situations.



ACU Kreedoathsava 2026

The Adichunchanagiri University organized the annual sports event ACU Kreedoathsava 2026 to encourage physical fitness, teamwork, and sportsmanship among students and staff. In our staff Shrungar.m got the 3rd place in 100mt running And our students Mr Shashank DS got 3rd place in 100mt running Ms: lavanya CM got 1st place in kabbadi And Ms: Rakshith got 2nd place in KHO-KHO



Paediatric Life Support

The Faculty of Nursing, BGS Institute of Nursing Sciences, under Adichunchanagiri University, is organizing a Workshop on Paediatric Life Support on 13.03.2026 at 10:00 AM in the Multipurpose Hall. The session will be conducted by Dr. Jamuna P. P., Associate Professor from Dayananda Sagar University, Bengaluru, covering theoretical aspects of paediatric emergency care including BLS, airway management, resuscitation, and IMNCI. It will also include hands-on training in CPR, airway management, and emergency procedures using simulation equipment. The workshop aims to enhance clinical competency and emergency response skills among nursing students and healthcare professionals.



FACULTY OF NURSING
BGS INSTITUTE OF NURSING SCIENCES

Workshop On
Pediatric Life Support

DATE: 13.03.2026
TIME: 10:00 AM ONWARDS.
VENUE: MULTIPURPOSE HALL

Resource person



Dr. Jamuna P. P.
Associate Professor
Dayananda Sagar University,
Bengaluru

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17



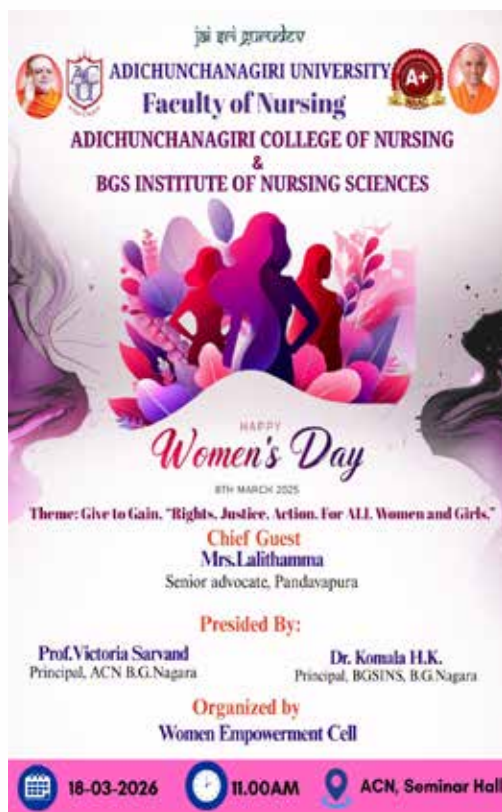
World Kidney Day

Adichunchanagiri University, BGS Institute of Nursing Sciences, observed World Kidney Day on 13 March 2026 at 1:30 PM in the Multipurpose Hall. Organized by the Adult Health Nursing Department with the theme “Protect Your Kidneys – Early Detection Saves Lives,” the program aimed to raise awareness about kidney health and disease prevention. Students and faculty highlighted healthy lifestyle practices such as proper hydration, balanced diet, regular checkups, and control of diabetes and hypertension. Educational activities were conducted to inform participants about kidney function, causes of diseases, and preventive measures. The event successfully promoted awareness and encouraged healthy practices among students and the community.



Women's Day

The Faculty of Nursing, BGS Institute of Nursing Sciences, in collaboration with the Women Empowerment Cell, celebrated International Women's Day 2026 on 18th March at 12:00 PM in the Seminar Hall. The programme aimed to promote awareness on women's rights, gender equality, and empowerment, highlighting challenges such as discrimination and unequal opportunities. The event included awareness talks, interactive sessions, and student activities that encouraged discussions on social justice. The highlight was an inspiring lecture by Chief Guest Mrs. Lalithamma, Senior Advocate, focusing on legal rights and empowerment of women. The programme concluded successfully, creating awareness and motivating participants towards building an inclusive and equitable society.



Certificates

|| ಜಿಂ ಭಗ್ನ ಶ್ರೀಧರೇಶ್ವರ ||

 **ADICHUNCHANAGIRI UNIVERSITY**
B G Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

ACU Sports Committee

Certificate

This is to certify that Dr/Mr/Mrs/Ms Shrangan M
of BGSINS Staff has secured Third Place
in the 100mtr of Men/Women held during the
ACU Kreedothsava from 04th to 06nd March 2026.




ವಿಸಯ ಕ್ರೀಡೋತ್ಸವ
ACU Kreedothsava 2026

Mr Kiran Kumar V C
Physical Education Director

Mr Kumara M C
Physical Education Director

Dr C K Subbaraya
Registrar

Dr S N Seldhara
Vice Chancellor

|| ಜಿಂ ಭಗ್ನ ಶ್ರೀಧರೇಶ್ವರ ||

 **ADICHUNCHANAGIRI UNIVERSITY**
B G Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

ACU Sports Committee

Certificate

This is to certify that Dr/Mr/Mrs/Ms Shashank DS
of BGSINS has secured Third Place
in the 100 mtr of Men/Women held during the
ACU Kreedothsava from 04th to 06nd March 2026.




ವಿಸಯ ಕ್ರೀಡೋತ್ಸವ
ACU Kreedothsava 2026

Mr Kiran Kumar V C
Physical Education Director

Mr Kumara M C
Physical Education Director

Dr C K Subbaraya
Registrar

Dr S N Seldhara
Vice Chancellor

Certificates

|| ಜನಿ ಜನಿ ಜ್ಞಾನರಾಜೇವ ||



ADICHUNCHANAGIRI UNIVERSITY
B G Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka



ACU Sports Committee

Certificate

This is to certify that Dr/Mr/Mrs/Ms Lavyanya .C.M of Power Queens has secured First Place in the Kabaddi of Men/Women held during the ACU Kreedoathsava from 04th to 06nd March 2026.




Mr Kiran Kumar V C
Physical Education Director


Mr Kishara M C
Physical Education Director


Dr C K Subbaraya
Registrar


Dr S N Sridhara
Vice Chancellor

|| ಜನಿ ಜನಿ ಜ್ಞಾನರಾಜೇವ ||



ADICHUNCHANAGIRI UNIVERSITY
B G Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka



ACU Sports Committee

Certificate

This is to certify that Dr/Mr/Mrs/Ms Rakshitha of Rapid Flyers has secured Second Place in the Kho - Kho of Men/Women held during the ACU Kreedoathsava from 04th to 06nd March 2026.



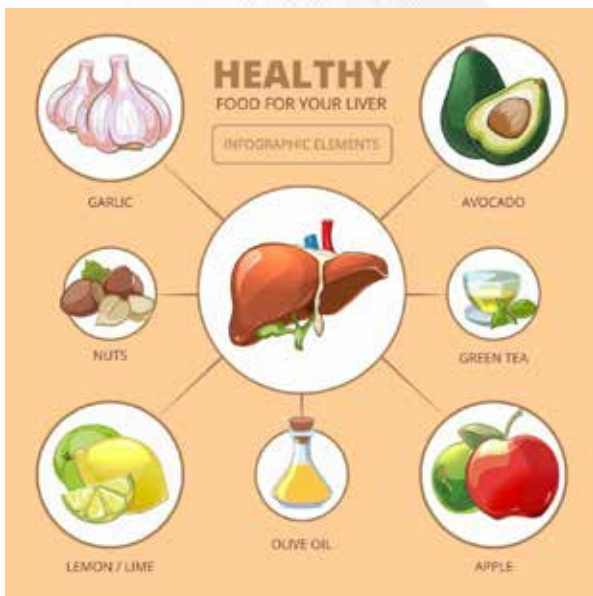

Mr Kiran Kumar V C
Physical Education Director


Mr Kishara M C
Physical Education Director


Dr C K Subbaraya
Registrar


Dr S N Seldhara
Vice Chancellor

Health Tips



Faculty of Nursing BGS Institute of Nursing Sciences



ADICHUNCHANAGIRI
UNIVERSITY



ADMISSION OPEN 2026-27

PROGRAM OFFERED

B.SC NURSING

DURATION: 8 SEMESTER

ELIGIBILITY: 10+2/PUC

pass in Science Stream

(PCMB) with 45%

COURSE APPROVED BY-KSNC



Karnataka State
Nursing Council



Why to choose BGSINS ?



150-Bedded
Parent Teaching Hospital.



Advanced
Laboratory Equipment's.



Centralized
Simulation Laboratory.



Multi-Specialty
Hospital.



Training and
Placement Cell



Distinguished and
Experienced Faculties.



Guest Lecturers by Eminent
Personalities from
clinical/academic



Extension/Community
outreach activities.

Nursing Job Opportunities After B.Sc Nursing

1. Clinical Jobs

- Staff Nurse / ICU Nurse
- OT / Pediatric Nurse
- Psychiatric / Community Nurse
- Occupational Nurse
- School Health Nurse

2. Government Jobs

- Nursing Officer (AIIMS, Railways)
- Military / Govt Hospitals
- Community Health Officer

3. Non-Clinical Roles

- Hospital Administrator
- Medical Coder / Insurance Officer
- Nursing Informatics

5. Research & Specialization

- Clinical Research Nurse
- Oncology / Cardiac Nurse
- Infection Control Nurse

7. Career Growth Path

- Senior Nurse / Supervisor
- Nursing Superintendent
- Director of Nursing



4. Teaching Careers

- Clinical Instructor
- Nursing Tutor / Professor

6. International Jobs

- UK | USA | Canada
- Australia | Middle East

Salary in India

- Fresher: ₹3-5 LPA
- Mid-Level: ₹4-8 LPA
- Senior: ₹6-15 LPA+

High Demand | Job Security | India & Abroad Opportunities

Knowledge Or Vidya Gives Power,
Pleasure And Honor Both Science And
Spirituality Enrich Us With Knowledge
Which Is Superior And Leads Us To
Liberation.

Liberation From Physical, Mental And
External Bonds Is Attained Through
The Control Of External Nature With
The Help Of Science While Liberation
From Internal Bonds Is Attained
Through Ethics And Religion

Sa Vidya Ya Vimuktaye

That Which Liberates Is Knowledge

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Mandya-571418
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Website: www.bgsins.edu.in