

॥ Jai Sri Gurudev ॥




ADICHUNCHANAGIRI  
UNIVERSITY


**Faculty of Nursing**  
BGS Institute of Nursing Sciences

**“Spandana”**  
Voice of Nursing

FEBRUARY 2026

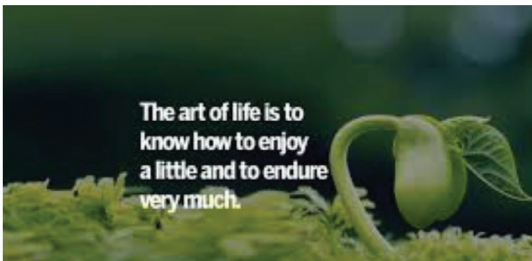
# Friday Florence

 **ADICHUNCHANAGIRI UNIVERSITY**  
BG Nagara, Mandya-571448

 **NAAC GRADE A+**  
ACCREDITED UNIVERSITY


**Faculty of Nursing**  
**BGS Institute of Nursing Sciences**


**Friday Florence -73**



**The art of life is to know how to enjoy a little and to endure very much.**


Medical | Nursing | Pharmacy | Allied Health Sciences  
Engineering | Education | Management | Natural Sciences

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ACCREDITED UNIVERSITY


**Faculty of Nursing**  
**BGS Institute of Nursing Sciences**


**Friday Florence -74**



**“PUSH BEYOND YOUR**

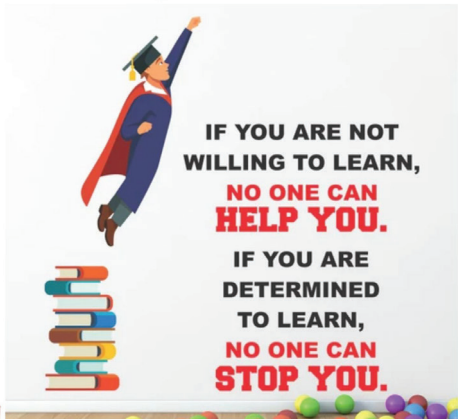
Medical | Nursing | Pharmacy | Allied Health Sciences  
Engineering | Education | Management | Natural Sciences

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**BGS Institute of Nursing Sciences**


**Friday Florence -75**




**IF YOU ARE NOT WILLING TO LEARN, NO ONE CAN HELP YOU.**

**IF YOU ARE DETERMINED TO LEARN, NO ONE CAN STOP YOU.**


Medical | Nursing | Pharmacy | Allied Health Sciences  
Engineering | Education | Management | Natural Sciences

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ACCREDITED UNIVERSITY

**Faculty of Nursing**  
**BGS Institute of Nursing Sciences**

**Friday Florence -76**



**SUCCESS**

BELIEF  
FOCUS  
VISION  
HUSTLE  
FAILURE  
SACRIFICE  
HARD WORK  
REJECTIONS  
LATE NIGHTS  
DISCIPLINE

Medical | Nursing | Pharmacy | Allied Health Sciences  
Engineering | Education | Management | Natural Sciences

# February Month Kalothsava 2026

## Kalothsava 2026

Kalothsava 2026, held on February 9th at Sri Kshetra Adichunchanagiri hosted by Sri Adichunchanagiri Shikshana Trust® and Adichunchanagiri University, to promote the creativity and oratory skills. Inaugurated by Poojya Sri Sri Prasannanatha Swamiji, Secretary, SAST, the event featured Essay Writing, Pencil Drawing, Pick and Speech, and AI-themed Debate competitions across two venues. Mr. Dhanush Gowda of III semester won the 2 nd prize in the essay wringing competition. The fest concluded with a prize distribution, where Swamiji urged students to use their talents for society. The event highlighted SDG 4 (Quality Education) and SDG 17 (Partnerships), reinforcing value-based holistic education.



॥ ज्ञानं इत्येवमप्युच्यते ॥

**Sri Adichunchanagiri Mahasamsthana Math**  
Sri Kshetra Adichunchanagiri, Nagamangala Taluk, Mandya District.

SRI ADICHUNCHANAGIRI SHIKSHANA TRUST (R) ADICHUNCHANAGIRI UNIVERSITY

Divine Blessings of Paramapooiya Jagadguru Padmabhushana Puraskrutha  
**Sri Sri Sri Dr. Balagadharanatha Mahaswamiji**

In the Divine Blessing of His Holiness Jagadguru  
**Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji**  
72<sup>nd</sup> Pontiff, Sri Adichunchanagiri Mahasamsthana Math  
Honorable Chancellor, Adichunchanagiri University

In the Presence of  
**Sri Sri Prasannanatha Swamiji**  
Secretary, Sri Adichunchanagiri Mahasamsthana Math

**"KALOTSAV " -2026**

**EVENTS**

1. Essay Writing
2. Pick & Speech
3. Pencil Drawing
4. Debate
5. Quiz

📅 09.02.2026  
🕒 9:00 AM

📍 Sri Kshetra Adichunchanagiri

**All are Cordially Invited**

॥ ज्ञानं इत्येवमप्युच्यते ॥

**Sri Adichunchanagiri Mahasamsthana Math**  
Sri Kshetra Adichunchanagiri, Nagamangala Taluk, Mandya District.

SRI ADICHUNCHANAGIRI SHIKSHANA TRUST (R) ADICHUNCHANAGIRI UNIVERSITY

**VIJNATHAM UTSAV 2026**

**Certificate**

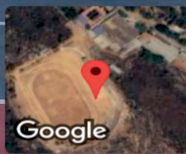
This is to certify that Mr./Ms./Mrs. DHANUSH GOWDA M.S of B.G.S INSTITUTE OF NURSING SCIENCE has been Participated in "Kalotsav"  
Essay Writing / Pick and Speech / Pencil Drawing / Debate Competition, held on 9<sup>th</sup> February 2026 at Sri Kshetra Adichunchanagiri.

10-02-2026 Sri Kshetra

**Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji Pontiff**

# BGS KREEDOTSAVA 2026

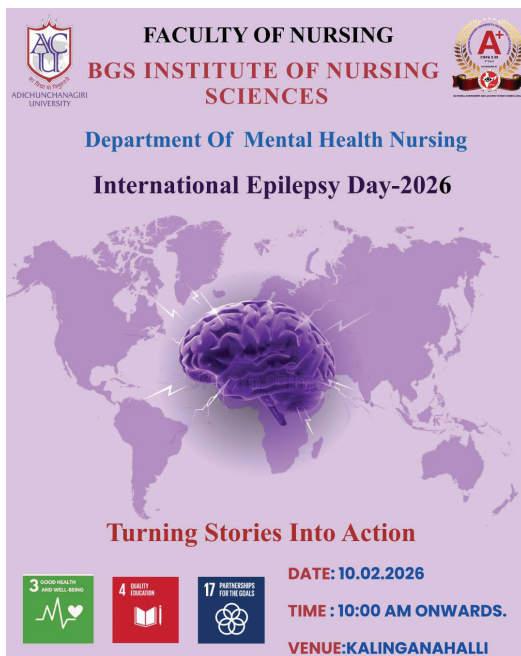
BGS Institute of Nursing Sciences actively participated in BGS Kreedotsava 2026, held on 9–10 February, hosted by Sri Adichunchanagiri Shikshana Trust® and Adichunchanagiri University. Students demonstrated fitness, teamwork, and leadership across athletic events, Mr Shashank D won the 3rd Prize in Athletics. The event promoted health, discipline, confidence, and sportsmanship, while supporting SDG 3 (Good Health), SDG 4 (Quality Education), and SDG 5 (Gender Equality), fostering holistic student development.



GPS Map Camera  
Adichunchanagiri, Karnataka, India 🇮🇳  
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Lat 13.018287° Long 76.745188°  
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# International Epilepsy Day

On International Epilepsy Day 2026, the Department of Mental Health Nursing at BGS Institute of Nursing Sciences organized a student-led role play to raise awareness, reduce stigma, and educate the public on epilepsy and seizure first aid. Ten students, guided by faculty, presented real-life scenarios addressing myths and misconceptions. The program enhanced students' confidence, teamwork, and communication skills. It fostered empathy and positive attitudes toward people with epilepsy while helping the audience understand supportive care. The activity aligned with SDG 3, SDG 4, and SDG 17, promoting holistic learning and community awareness.



# National Deworming Day

BGS Institute of Nursing Sciences organized a National Deworming Day awareness and outreach program on 10 February 2026 at Vidyakula International School for 4th and 5th-grade students. The Department of Child Health Nursing educated students about soil-transmitted helminth infections, prevention, and the benefits of regular deworming. Deworming tablets were distributed, and personal hygiene and preventive practices were emphasized. The program promoted children's health, nutrition, and well-being. It aligned with SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), and SDG 6 (Clean Water and Sanitation).

**FACULTY OF NURSING**

**BGS INSTITUTE OF NURSING SCIENCES**

**National Deworming Day**

**DATE: 10.02.2026**  
**TIME : 10:00 AM ONWARDS.**  
**VENUE: VIDYAKULA INTERNATIONAL SCHOOL.**

**3 GOOD HEALTH AND WELL-BEING**  
**4 QUALITY EDUCATION**  
**10 REDUCED INEQUALITIES**

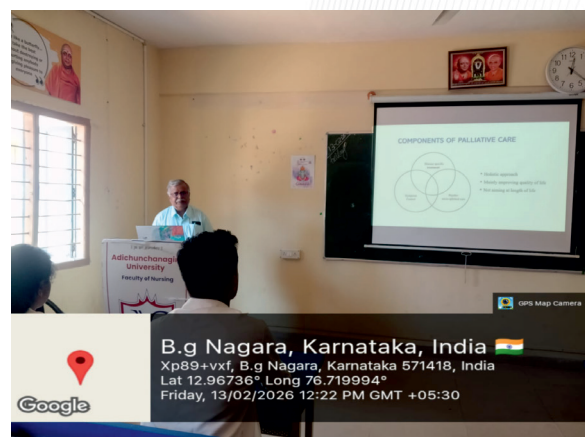
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Tuesday, 10/02/2026 01:26 PM GMT +05:30

**Beechanahalli, Karnataka, India**  
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Tuesday, 10/02/2026 01:44 PM GMT +05:30

**Beechanahalli, Karnataka, India**  
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Lat 12.967496° Long 76.811572°  
Tuesday, 10/02/2026 01:33 PM GMT +05:30

# Palliative Care for Cancer Patients

BGS Institute of Nursing Sciences organized a Guest Lecture on “Palliative Care for Cancer Patients” on 13th February 2026. Dr. K.C. Lakshmaiah from Kidwai Memorial Institute of Oncology delivered an insightful session on holistic cancer care, pain management, psychosocial support, and the nurse’s role in end-of-life care. The program enhanced students’ knowledge and promoted compassionate, patient-centred practice. It aligned with SDG 3, 10, and 17, supporting quality healthcare and collaboration.



# Vijnatham Utsav 2026

“Vijnatham Utsav 2026” was conducted on 19th and 20th February 2026 at Adichunchanagiri Matt by BGS Institute of Nursing Sciences, affiliated to Adichunchanagiri University. Students of 1st, 3rd, and 5th Semester presented models on health, environment, climate change, AI and 5G, and modern education. The program created awareness about child health, environmental protection, and responsible use of technology. It improved students’ knowledge, teamwork, and presentation skills. The event supported SDG 3, SDG 4, SDG 13, and SDG 15. The program was successful and meaningful for all participants.



# Nrithyotsava 2026

BGS Institute of Nursing Sciences, a constituent of Adichunchanagiri University, participated in Vijnanam Utsava 2026 under the blessings of Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji and Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji. The presence of Chief Guest Nagalakshmi Chaudhary, Chairperson of the Karnataka State Women's Commission added grace to the event. BGSINS Students performed a Bharatanatyam group dance highlighting Karnataka's rich cultural heritage. The program promoted unity, confidence, and teamwork among students. The event also contributed to SDGs 4, 5, 10, 11, and 17 by supporting quality education, gender equality, inclusiveness, cultural preservation, and institutional partnership, and concluded successfully celebrating culture and harmony.

 || JAI SRI GURUDEV || 



Sri Adichunchanagiri Mahasamsthana Math  
Nagamangala (T), Mandya (D), Karnataka-571811

## VIJNATHAM NRITYOTSAVA



### VIJNATHAM UTSAV

09 February 2026  
5 PM Onwards

 ADICHUNCHANAGIRI  
UNIVERSITY

Venue: Sri Kshetra Adichunchanagiri Stadium



# International Mother Language Day

International Mother Language Day–2026 was celebrated on 21st February 2026 at BGS Institute of Nursing Sciences as declared by UNESCO. The program was organized to create awareness about the importance of mother languages and cultural diversity. Students presented a Tree Model to show culture, unity, and different languages with the message that languages may differ but emotions are the same. A total of 42 students actively participated in the celebration. The program supported Sustainable Development Goals such as SDG 4 (Quality Education), SDG 10 (Reduced Inequalities), and SDG 16 (Peace, Justice and Strong Institutions).



# Thinking Day

The Faculty of Nursing, BGS Institute of Nursing Sciences celebrated World Thinking Day under the theme “Our Friendship” to promote unity and equality among students. The program stressed the importance of respect and peaceful living in healthcare and society. Students took part in activities like Pick and Speak and role play to improve confidence and teamwork. Group discussions and poster presentations highlighted global citizenship and reducing inequalities. The event helped students develop leadership and social responsibility. It supported SDG 4 – Quality Education, SDG 5 – Gender Equality, SDG 10 – Reduced Inequalities, and SDG 16 – Peace, Justice and Strong Institutions.



# National Science Day

On the occasion of National Science Day, BGS Institute of Nursing Sciences organized an Anatomy Model Exhibition with the theme “Science and Technology for a Sustainable Future.” First-semester students prepared and presented models of the skeletal, muscular, nervous, circulatory, respiratory, and digestive systems. They clearly explained the structure, functions, and importance of each system. The exhibition encouraged active learning, teamwork, and creativity. Students used simple and eco-friendly materials to make their models. The event supported #SDG3 Good Health and Well-Being, #SDG4 Quality Education, and #SDG9 Industry, Innovation and Infrastructure

**FACULTY OF NURSING**  
**BGS INSTITUTE OF NURSING SCIENCES**  
**NATIONAL SCIENCE DAY-2026**  
**ANATOMY MODEL EXHIBITION**

**28TH FEB**  
**NATIONAL SCIENCE DAY**

Theme: “Science and Technology for a Sustainable Future”

**DATE: 28.02.2026**  
**TIME: 10:00 AM ONWARDS.**  
**VENUE: MULTIPURPOSE HALL**

3 GOOD HEALTH AND WELL-BEING  
4 QUALITY EDUCATOR  
12 RESPONSIBLE CONSUMPTION AND PRODUCTION

